

## What are Care Logs and how do they differ from Checklists?

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Care Logs are often referred to as activities of daily living or daily living activities (DLA). This is how Residential Agencies track certain behaviors of their clients. Agencies may refer to their Care Log as a Point Sheet. Ultimately, the goal is to record expected behaviors and data without writing notes. The Agency builds the criteria scoring or logging of this data.

Care Logs and Checklists are closely related, however, each is used for capturing different types of data. Care Logs are used for instances to record expected behaviors or daily activities for a single client. Care Logs have more reporting and statistics than Checklists (e.g. how many prompts did the client need to wake up?). Checklists are used for quickly recording information about multiple clients at once, and replaces paper hourly rounds and bed checks.

